

Sample Sessions



What is stereotype threat? What situations lead to stereotype threat? What are its consequences? Who is vulnerable? UC Berkeley's Professor Rodolfo Mendoza Denton provided answers to these questions and helped advisors determine how they could reduce stereotype threat. Read more at the following website:

www.reducingstereotypethreat.org



Can failure be more instructive than success? How does one find the courage to accept and learn from difficulty and challenge? What is resilience? Who has it? How can it be developed? What role do advisors play in helping students bounce back after a setback? Experts from Stanford University's esteemed Resilience Project led this exciting session and offered tips and strategies for supporting students through tough times. Read more at the following website: <https://undergrad.stanford.edu/resilience>

Berkeley
UNIVERSITY OF CALIFORNIA

ADVANCING PRACTICE

A PROFESSIONAL DEVELOPMENT PROGRAM FOR ADVISORS



The Advancing Practice curriculum for advisors and student service professionals is designed to build competency in five foundational areas - conceptual, informational, relational, technological and personal knowledge and skills. The program offers a variety of workshops offered over a two year period on select topics within each of the foundational areas.

Certificate of Completion

Blue Level

Complete 8 Workshops and submit a Statement of Advising Philosophy or Implementation Project (i.e., creative use of workshop related materials, tools or resources.)

Gold Level

Complete 16 Workshops and a Culminating Project (e.g., a workshop related project.)

Conceptual – Conceptual and Theoretical Foundations of Advising

Methods

- An Introduction to Strengths Based Advising
- Best Planning Ever: New Approaches to Academic Planning
- Best Future Forward: Career Advising Basics

Populations

- Intercultural Communication and Sensitivity
- Understanding Stereotype Threat
- Advising Transfer Students: Building a Transfer-Receptive Culture
- Gender Equity: Fostering an Inclusive Community
- Realizing the Promise of Berkeley: The First Generation Low Income Student Experience
- Going Gets Tough – New Approaches to Working with Students in Academic Difficulty
- Advising High Achievers
- Complex Selves: Understanding Independent and Interdependent Identities

Student Development

- What Do Students Gain From Advising? Developing Learning Outcomes for Undergraduate Advising

Informational – Institution Specific Knowledge of Programs, Policy, Procedure and Resources

- Let's Talk Privacy - FERPA – A Conversation with David M. Robinson
- An Ethics and Boundaries Forum For Advisors
- Sexual Violence Prevention & Response: What Every Advisor Needs to Know
- Financial Aid Basics - Understanding Satisfactory Academic Progress Regulations
- Managing Withdrawal – Our Shared Advising Responsibilities

Relational – Interpersonal Communication Skills: Building the Rapport Needed to Facilitate the Advising Process

- Building Resilience: The Resilience Project
- Scanning for Wellness: Assessment and Referral Strategies for Advisors (Counseling & Psych Services)
- Who Said Emotions Don't Matter?!: The Practice of Emotion-Focused Therapy in Academic Counseling

Technological – Student Systems and Technological Resources

- Using Social Media in Advising
- Techno-Advising, Innovative Advising Resources
- Student Information Systems Replacement Update: How SIS Will Change Advising

Personal – Critical Analysis and Self-Assessment of the Advising Practice

- Best Advisor Forward: Finding and Using Your Professional Strengths
- Locating Self: The Power of Personal Reflection in Advising (Equity and Inclusion)
- Advancing Your Career – Lessons on Preparation, Chance, Opportunity, Partnerships and Hard Work
- The Cost of Caring: Preventing Burnout