

Overview: Pre-Health Advising at Cal

Pre-Health Advising Committee

March 8, 2016

Career Center

Agenda

- ◆ **Pre Health Advising Committee**
- ◆ **State of Pre Health Advising**
- ◆ **Resources for Pre Health Students**
- ◆ **Small Group Scenarios & Debrief**

Committee Members

- Santana Pitcher
- Rebecca Sablo
- Marie Dutton
- Caitlin Green
- Yuki Burton
- Maura Daly
- Emilie Dandan
- Amber Dillon
- Richard Gibson
- Jeremy Hamilton
- Cindy Manly-Fields
- Clara Ng-Quinn
- Heather Peng
- Elizabeth Storer

State of Pre-Health Advising

Resources for Pre-Health Students at the Career Center

ADVISING

2 dedicated Pre-Health Advisors

- 30-minute appointments (approximately 700 per semester)
 - ◆ Freshmen to alumni, exploration to application
- Drop-in advising
 - ◆ Tuesdays at VLSB (inside IB/MCB advising)
 - ◆ Thursdays at Mulford (inside CNR advising)

7 Pre-Health Peer Advisors (*NEW*)

- ◆ Various backgrounds
- ◆ Sproul tabling
- ◆ Satellite locations for “drop-in” hours

Resources for Pre-Health Students at the Career Center (cont.)

PROGRAMMING

- Workshops
 - ◆ Preparing for Med School
 - ◆ Explore Health Careers Series
 - ◆ Collaboration with Student Organizations
 - Pre-Nursing Society at Cal
 - EMT Info Session with Berkeley Medical Reserve Corps
 - Cal Pre-Vet Club
- Getting Your Bearings (CalSO)
- Cal Day
- Med Applicant Bootcamp

Resources for Pre-Health Students at the Career Center (cont.)

STAYING CONNECTED

- **Careermail**
 - ◆ Over 5,000 pre-health students subscribed
- **Social Media**
 - ◆ Facebook
- **New resources**
 - ◆ Clinical experience handout
 - ◆ Specialty sheets
 - ◆ Math/English requirement documents
- **Email**
 - ◆ calprehealthpeers@gmail.com

Resources for Pre-Health Students in L&S

L&S PRE-HEALTH THURSDAYS

- Same day appointments, 5 in the AM, 5 in the PM
- Schedule Planning Workshops
- Program planning, extracurriculars, general timeline for applying

Amber Dillon, amdillon@berkeley.edu

Heather Peng, hcpeng@berkeley.edu

Navigating Online Resources for Pre-Health Students

CAREER CENTER

- [Pre-Health Home Page](#) (including medical, dental, nursing, optometry, PT, PA, vet)
 - ◆ [Pre-Med Section](#)
 - [Pre-Med Prerequisites](#)
 - [Pre-Med FAQs](#)
- [Make an Appointment with a Pre-Health Advisor](#)
- [Career Center Career Exploration Section](#) (not health-specific)

EXTERNAL SOURCES

- [ExploreHealthCareers.org](#)
- [AAMC \(Association of American Medical Colleges\)](#)

Scenarios

Guiding Questions

- How would you approach this situation?
- What type of additional training or resources would help you address this situation?

Scenario 1

It is the start of spring semester, and a first year student, who you remember meeting at the beginning of fall semester, walks into your office distraught about her fall grades and spring schedule. She earned a C- in Chem 1A and a D in Math 1A. She's worried that her pre-med plans are ruined and wants to know if she should continue on with Chem 3A and Math 1B in spring. She doesn't understand how she was able to do so well in high school and struggle like she never has before here at Cal. She's terrified to share this with her family, who made so many sacrifices so she could be the first in her family to go to college.

Scenario 2

It is the start of fall semester, and a newly admitted transfer student to Psychology walks into his major advisor's office. During welcome week, he discovered that pre-med is his passion and, despite no background in science or math, he wants to pursue a major that will get him into medical school immediately within the next three years. He asks, how can I complete all the requirements and create a plan to be accepted into med school?

Questions?

